

GUIDE TO BLOOD PRESSURE RANGES

AGE	SYSTOLIC	DIASTOLIC
BIRTH	67—84 mmHg	35—53 mmHg
INFANT (1-2 MONTHS)	72—104	37—56
TODDLER (1-2 YEARS)	86—106	42—63
PRESCHOOL (3-5 YEARS)	89—112	49—72
SCHOOL-AGE CHILD (6-9 YEARS)	97—115	57—76
PRE-ADOLESCENT (9-11 YEARS)	102—120	61—80
ADOLESCENT (11-15 YEARS)	110—128	64—83
ADULT (15+ YEARS)		
NORMAL	< 120 mmHg	< 80 mmHg
PRE-HYPERTENSION	120—139	80—89
HYPERTENSION STAGE 1	140—159	90—99
HYPERTENSION STAGE 2	≥ 160	≥ 100
HYPERTENSION CRISIS	> 180	> 110