

GUIDE TO COMMON BLOOD PRESSURE MEDICATIONS

Class	Suffix	Common Medications	How it Works
ACE Inhibitors	- pril	Benazepril (Lotensin) Enalapril (Vasotec) Lisinopril (Prinivil, Zestril) Quinapril (Accupril)	When blood vessels dilate, it increases the amount of blood pumped by the heart and lowers blood pressure
Beta Blockers	- olol	Atenolol (Tenormin) Bisoprolol (Zebeta) Metoprolol (Lopressor, Toprol-XL) Propranolol (Inderal LA, InnoPran XL)	Beta blockers make the heart beat more slowly and with less force, which lowers blood pressure
Calcium Channel Blockers	- pine	Amlodipine (Norvasc) Diltiazem (Cardizem, Tiazac) Nifedipine (Procardia) Nisoldipine (Sular)	Calcium channel blockers cause the arterial blood vessel walls to relax and expand
Diuretics	- ide	Chlorthalidone (Hygroton) Hydrochlorothiazide (Hydrodiuril) Loop diuretics: Furosemide (Lasix), Bumetanide (Bumex), Torsemide (Demadex)	Diuretics rid the body of excess water and sodium and are often used in combination with other therapies