

## Think FAST to Identify Stroke Warning Signs

In an emergency it can be difficult to remember the most common symptoms of a stroke. FAST helps you remember these symptoms so that you may act quickly and call 9-1-1 to help someone receive help and treatment as soon as possible. For a patient who has had a stroke early response times may lead to a better recovery.

<b>F</b>	<b>Face</b>	Ask the person to smile. Does one side of the face drop?
<b>A</b>	<b>Arms</b>	Ask the person to raise both arms. Does one arm drift downward?
<b>S</b>	<b>Speech</b>	Ask the person to repeat a simple phrase. Is their speech slurred or strange?
<b>T</b>	<b>Time</b>	If you observe any of these signs, call 9-1-1 immediately.

Call 9-1-1 Immediately if you observe any of the symptoms above. Make note of the time the first symptom occurred. Treatment decisions are frequently made based on this information.